

## Top Tips for tours and talks

Children are welcome on tours;



We have a baby changing facilities in the disabled toilet at the Unitarian.  
Route is suitable for push chair.

Walking – its mainly on the flat (one incline) the tour goes as fast as the slowest walker.

Numbers – 10/15 is lovely, we can do up to 45 with splitting into three.



Food – our lunches are great and as local as possible for the veg.

The presentation/talk is well worth having, it covers the history and the seasons, it's not boring, it's inspiring and you get chance to ask lots of questions.

Bring a camera and sensible shoes

Rain, we love it and we provide umbrellas.



The best days to visit are market days Wednesday to Saturday, the afternoon is nice.  
You can buy a book about us in the tourist information and also pick up a map to guide yourself.

Staying over? Look for the airbnbs; we have a youth hostel too.

Bring some scissors and a little bag to snip some goodies to take home.

You will love our town and work, of that we have no doubts.

Please call us if you have any questions  
Mary 07557275971 or Estelle 07522907100